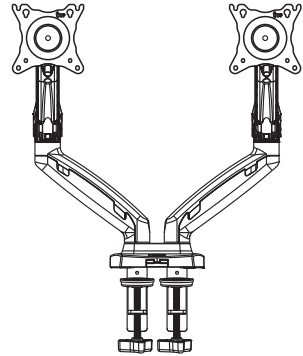




Flexi Full Motion Desk Mount



F160

Flexi Full Motion Desk Mount  
Fits Most Displays Size : 17"~27"  
Max Load : 4. 4~14.3lbs (2~6.5kg)Single  
VESA: 75×75, 100×100mm

Severe personal injury and property damage can result from improper installation or assembly. Read the following warning carefully before beginning.

- Products must be installed by professional or installer.
- If you do not understand the instructions or have any concerns or questions, please contact a qualified local installer.
- Do not install or assemble if the product or hardware is damaged or missing, if you require replacement parts, please contact you local distributor for assistance.
- This product fits most 17"-27" LCD / monitor; maximum weight of LCD / monitor: 6.5kg / 14.3lbs.
- Installer-friendly and straight forward.
- For safe installation, the desk you are mounting to must support minimum 3 times the weight of the total load (the mount, the monitor and all accessories weight).
- Do not use this product for other than the original designed.
- This product contain moving parts, please use with caution.
- When installing monitor, please do not damage electrical wiring or power source.
- Installation and routing of monitor cables on the monitor bracket must comply with electro-technical regulations.
- Importantly, mains- and data-cables must be secured against twisting and squeezing or shearing.
- The manufacturer will bear no responsibility to the desk of mounting, or incidental or consequential damages arising thereof.
- The manufacturer disclaims any liability for the modifications, improper installation, or installation over the specified weight range. The manufacturer will not be liable for any damages arising out of the use of, or inability to use, the product.
- This product is designed for indoor used only. use of this product outdoor could lead to product failer and severe personal injury.
- ▲ This product contains a high pressure gas spring, fire and percussion prohibited. Also it is strictly prohibited to dismantle without professionals. Please return to the manufacturer or hand over to professional agencies if the product is abandoned. In order to ensure the performance of gas spring, full direction adjustment of the product arm is recommended several times per month.
- ▲ All images are for reference only. As product in kind prevail.

We reserve the right to modify or alter instructions. No modification or alteration without formal notice.

Symbols

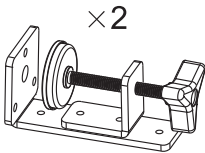
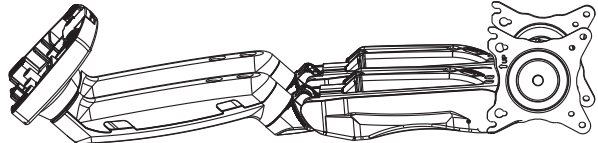
	Tightening Direction		+ : Torque increased - : Torque reduced
	拧紧方向		+ 定点恒力加大 - 定点恒力减小
	loosening Direction		+ : Torque increased - : Torque reduced
	拧松方向		+ 定点恒力加大 - 定点恒力减小
	Phillips Screwdriver		By Hand
	螺丝起子		手工
	Open-End Wrench		Hex Wrench
	开口扳手		六角扳手
	Adjustment		Pencil
	调整		铅笔
OPT	Optional		Hand Drill
	可选		手电钻
	Remove		Star Wrench
	移开		安全扳手

F160

Installation Manual

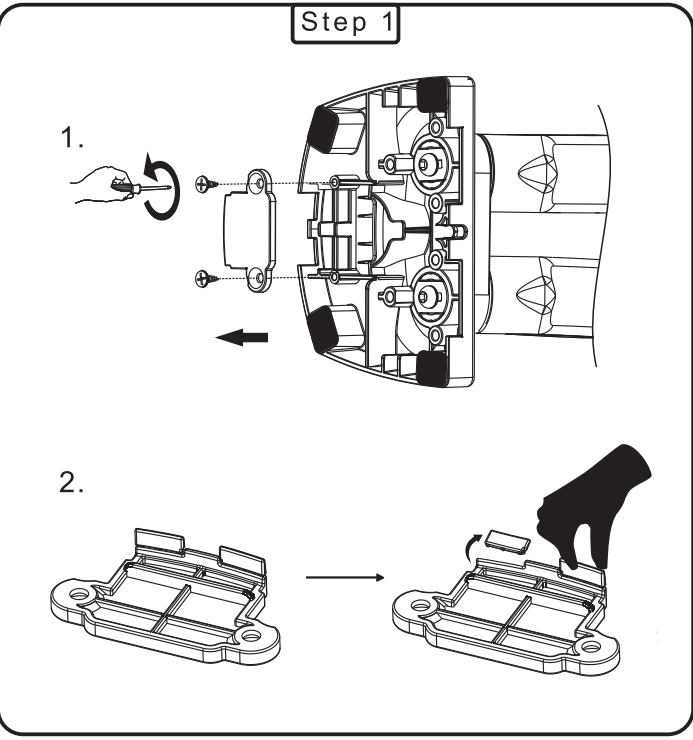
Install mount at table edge  
or  
Install mount on desk.

Part list

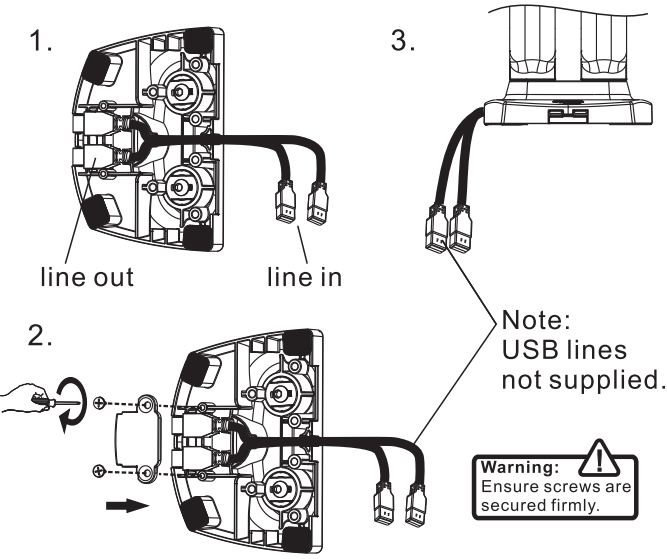


A	B	C
(M4x12)-8pcs	(M5x12)-8pcs	(M6x12)-6pcs
D	E	F
	(4mm)	(5mm)
G		
		(5mm)

A、USB lines installation: ( Users wish )

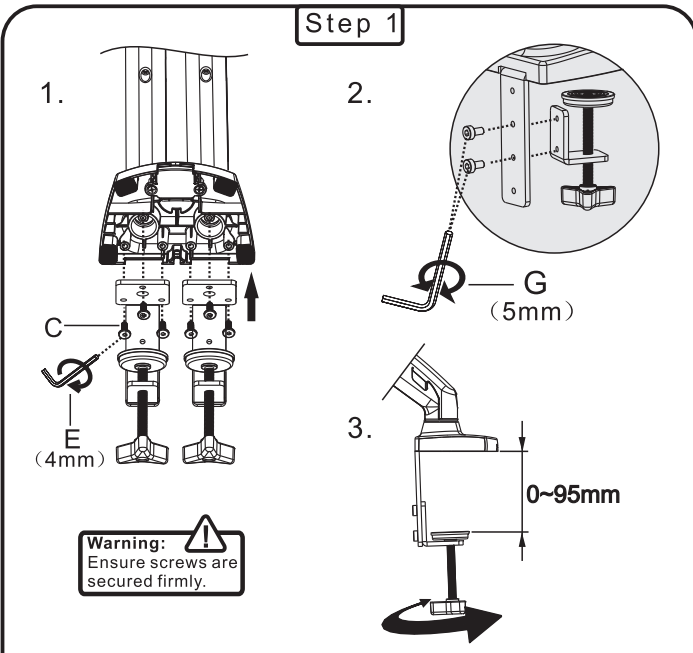


Step 2

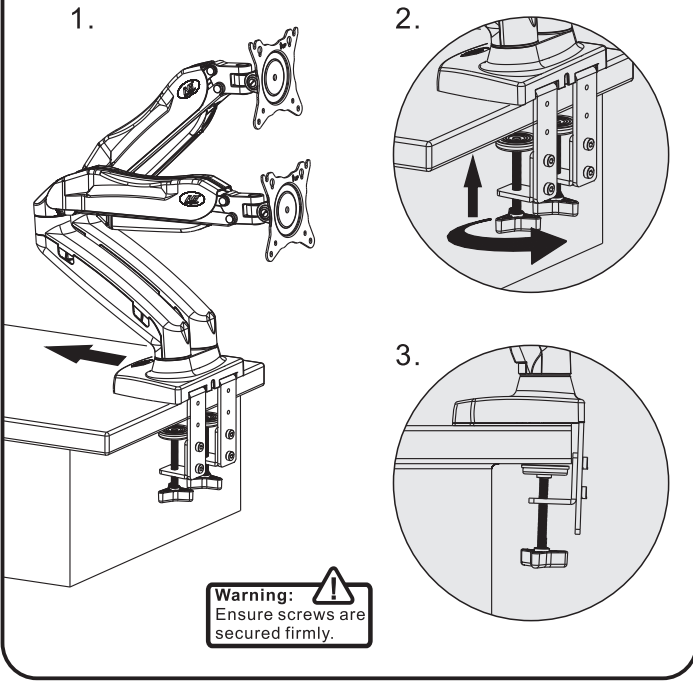


Notes : Please install "line out" at base & "line in" to PC as shown fig-3.

B1、Table edge installation:

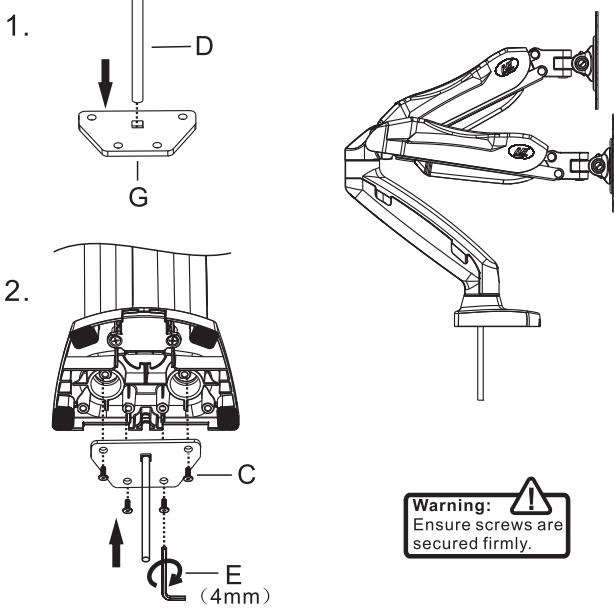


Step 2

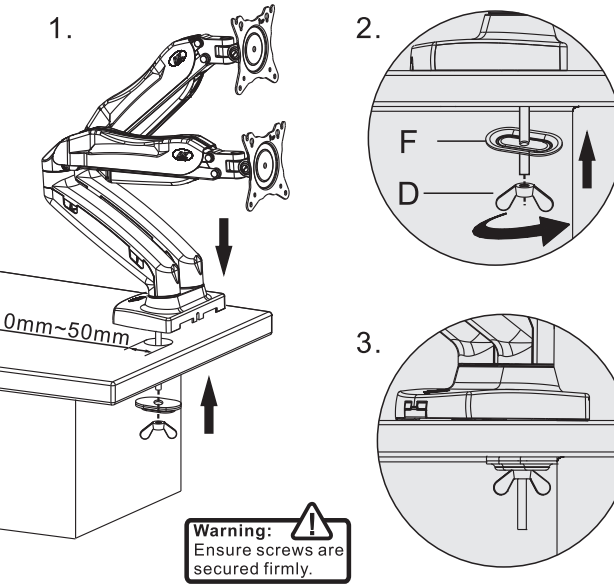


B2、Grommet installation:

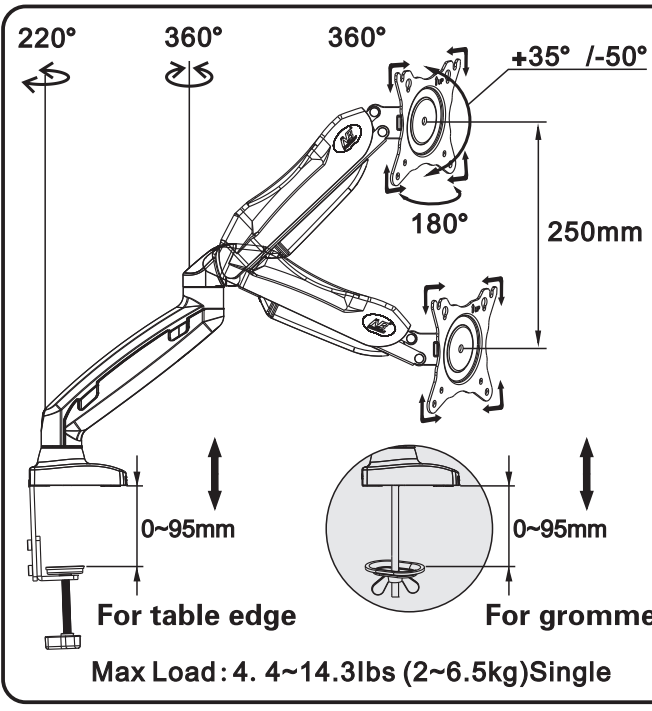
Step 1



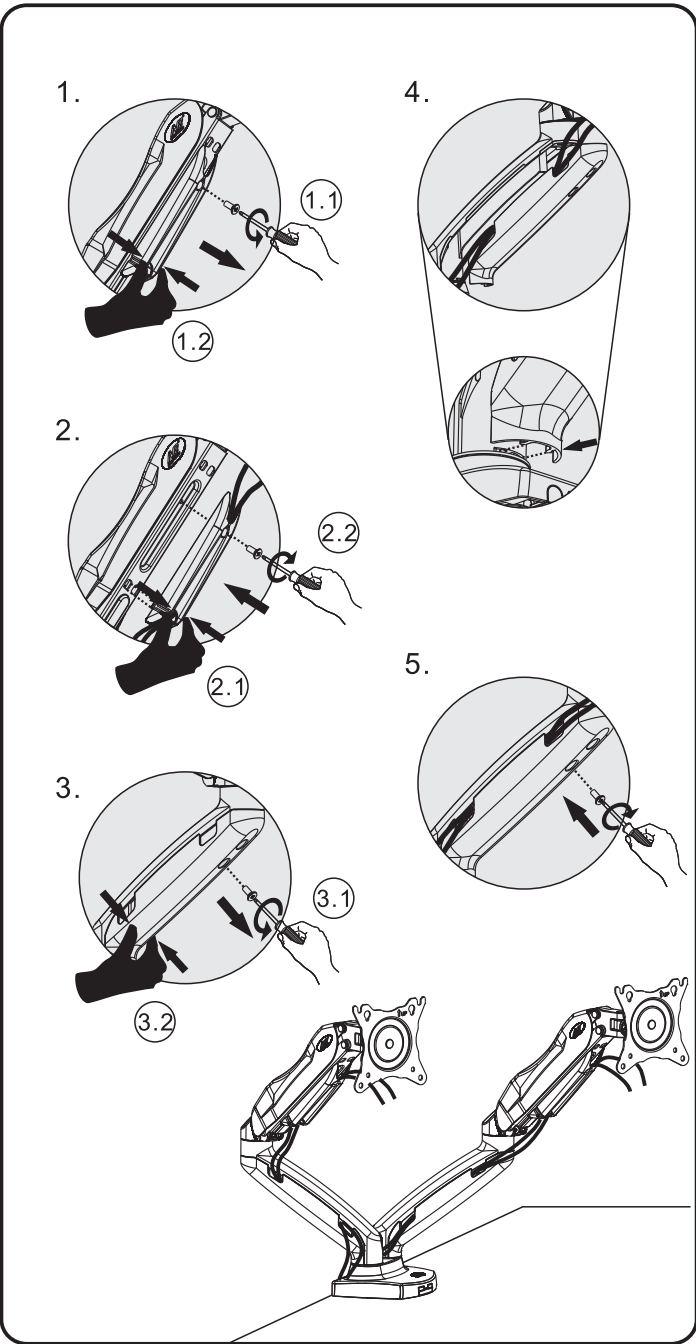
Step 2



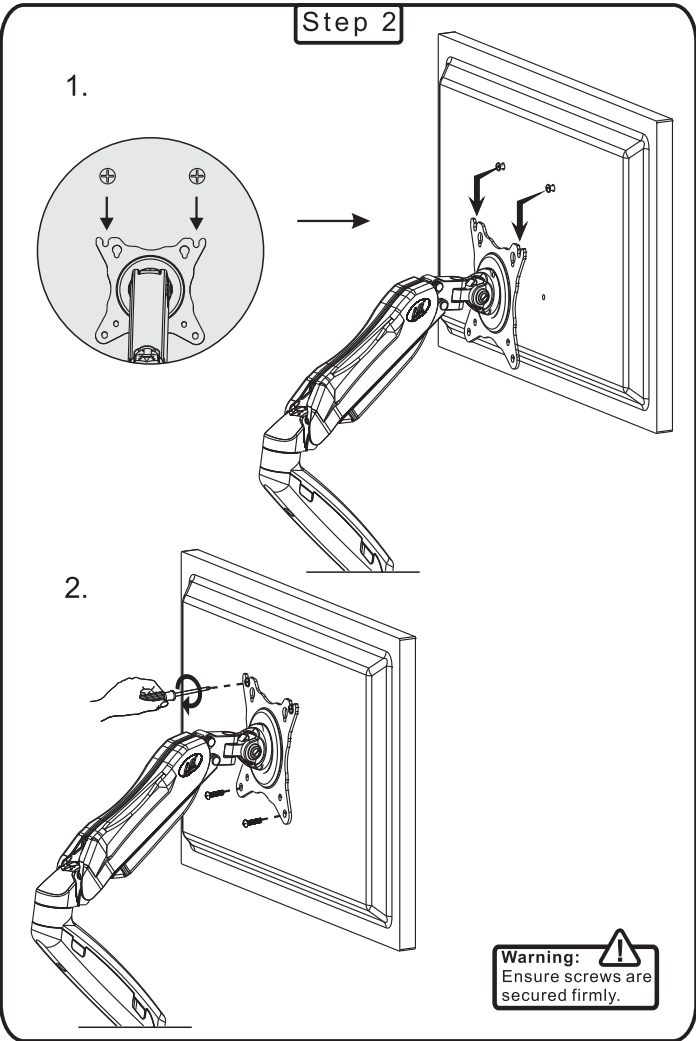
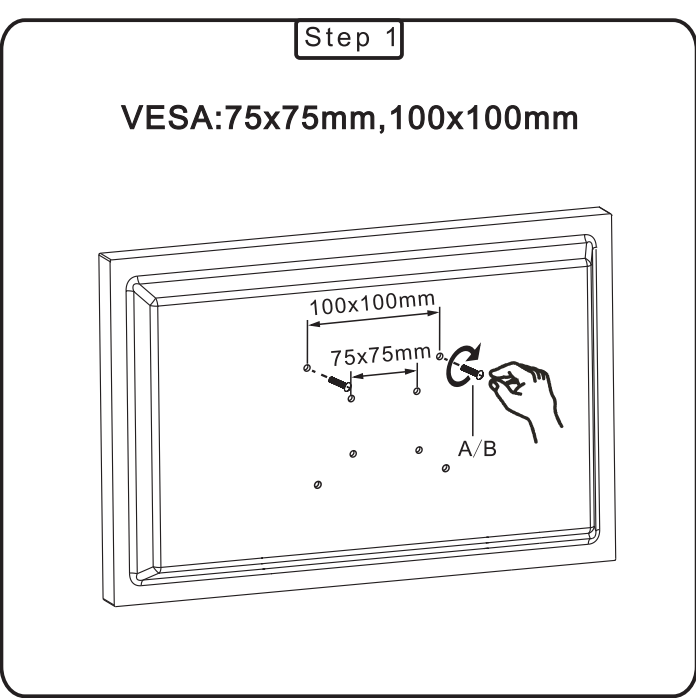
Adjustable parameters



C、Power and display lines installation

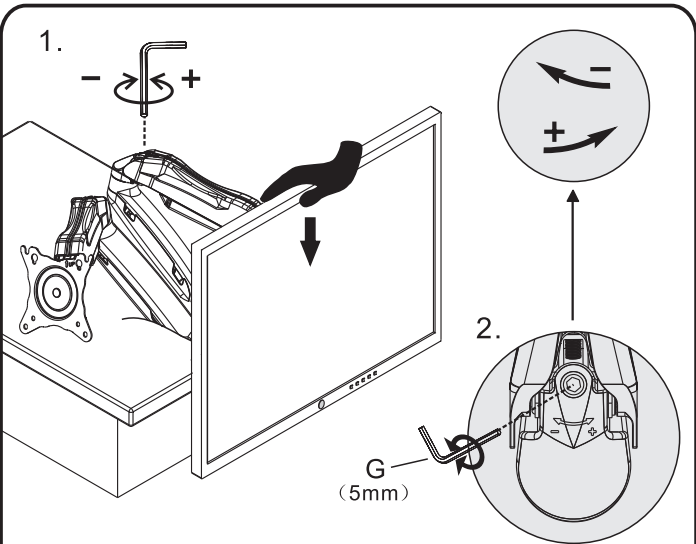


D、Display installation



E、Torque adjustment

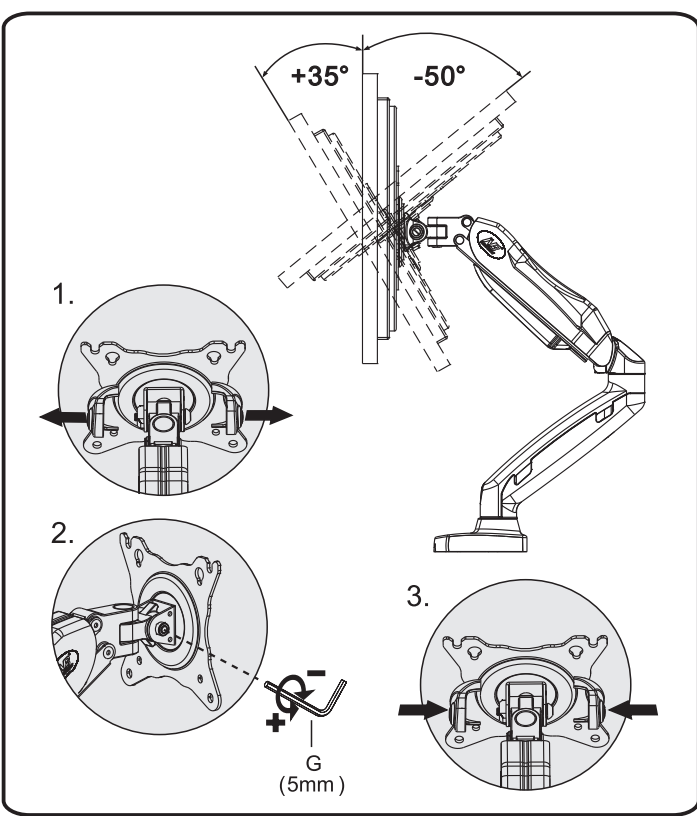
"+" : Torque increase direction shown fig-2  
"- " : Torque decrease direction shown fig-2



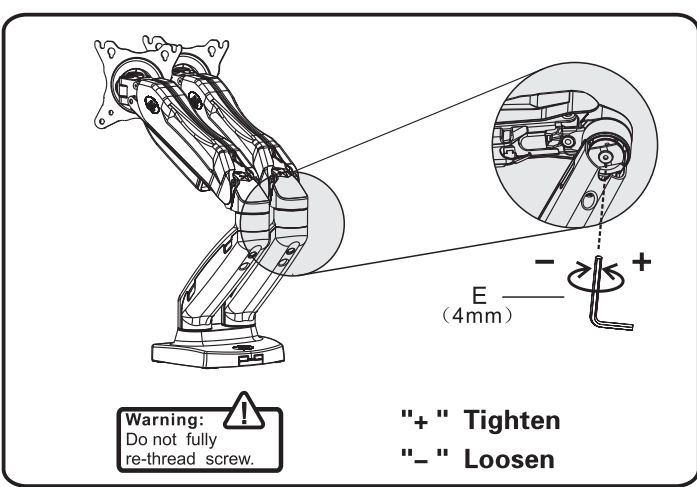
Notes: Ensure display weight is within load range.

- 1.If display can be hovered at any height after display installed.  
No adjustment needed.
- 2.If display lift up automatically after display installed, adjust the following: One man hand press down the screen, the other wind set screw at the bottom of upper arm at joint to '-' direction to reduce torque by using G,5mm. Allen key as shown in Fig-E1 and E2 until display can be hovered at any point of positions.
- 3.If display sit at the lowest position after installation, repeat #2 procedures but winding set screws to '+' direction to increase torque as Fig-E1 and E2 until display can be hovered at any point of positions.

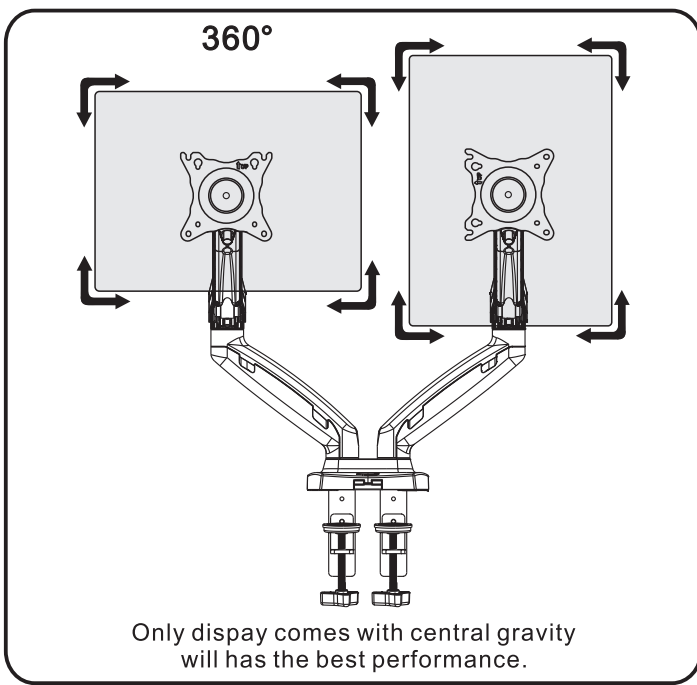
F、Setting tilt angle position



G、Swivel adjustment



H、Display rotation



TENSION ADJUSTMENT  
AFTER WALL MOUNT INSTALLATION



Do not adjust tension without putting on display.

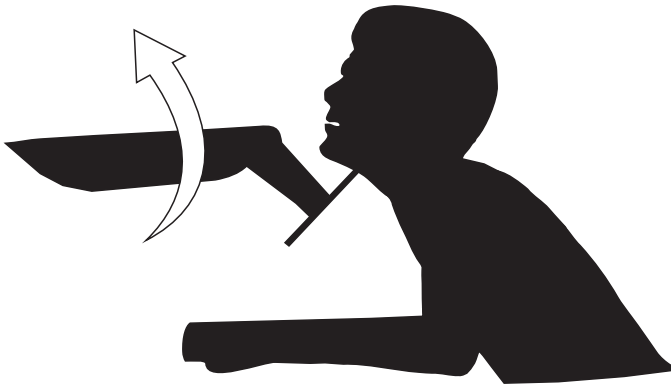
- 1.Ensure display has been put onto mount.
- 2.Read your display packaging or manual to find out display net weight.
- 3.Ensure display net weight between 4.4–14.3lbs (2.0–6.5kg).

Adjustment sign



Anti-clockwise reduce tension(carry less weight)      clockwise to increase tension(carry more weight)

Warning!



**NB**<sup>®</sup>  
NORTH BAYOU

[www.nbavmount.com.cn](http://www.nbavmount.com.cn)

Add:58, South of Xinxing Road,  
Economic Development Zone.  
Kunshan City, Jiangsu Province, China.  
215333.

TEL: 86-512-57971777  
FAX: 86-512-57970776

Only display comes with central gravity  
will has the best performance.